

## **Imbibe the power of contentment in your face and activity and become the same as Father Brahma. Remain constantly happy and share happiness.**

**Today**, BapDada is seeing His children, the jewels of contentment, who are in front of Him and also those who are in distant places. Each child, sparkling with his power of contentment, is smiling and celebrating a meeting. This power of contentment is the greatest power of all and this is why there are all attainments within it. The jewels of contentment who imbibe the power of contentment are loved by the self, loved by the Father and also loved by the family because, where there is contentment, all the powers are merged in that contentment. The atmosphere of the power of contentment spreads everywhere. Souls who are jewels of contentment can never be defeated by Maya; Maya herself is defeated. Souls who are jewels of contentment can make everyone's heart belong to them. Jewels of contentment souls experience the different forms of upheaval of Maya and matter as though they are watching a cartoon show. So, does each of you children experience yourself to be full of the power of contentment in this way? Ask yourself: Am I a jewel of contentment? Some children say that they are this sometimes; not all the time, but sometimes. BapDada does not like this word "sometimes". BapDada constantly gives love, remembrance and happiness to each and every child. So, BapDada does not like this word "sometimes". Always happy. BapDada wants to know if you can transform this word "sometimes". The word "sometimes" does not even exist in the dictionary of Brahmins, only always. So, today children, you who love the Father and have become free from the influence of Maya, can you finish this word "sometimes"? Can you finish it? BapDada has been telling you for a long time that any type of upheaval is to come suddenly. In order to prepare for that, if you still now have the sanskar of "sometimes", would you be able to claim a right to the fortune of the kingdom for all time? You all have love for Father Brahma in your hearts. You have promised Father Brahma: We are together, we will return together and we will rule together. This is a firm promise, is it not? Nod your heads! Is it firm? How firm is it? Did Father Brahma ever use the word "sometimes"? He always gave all of you love at amrit vela, and, together with the Father, always spoke of matters of knowledge, matters of love and matters of zeal and enthusiasm. If Baba were to ask you to raise your hands if you have love for BapDada, all of you would raise both your hands. Isn't that right? Are you sure? When you love someone, you also have love for every word that the loved one speaks. Father Brahma never said to Father Shiva that it happens only sometimes. He always followed the Father and also made you follow Him because Father Brahma has deep love in his heart for you children. Therefore, what is your name? Brahma Kumari, your name is not Shiva Kumari. To have love for Father Brahma means that whatever Father Brahma says, the Brahma Kumaris obey. Love means surrender. So, what will you surrender to? To His directions. Whatever He (Shiva Baba) said, he (Brahma Baba) did, because Father Shiva is also with Father Brahma. He is not alone. You say, "Bap Dada, Bap Dada", do you not?

Today, BapDada wants every child to finish saying the word "sometimes". All of you children are the Father's companions. You do love Him, do you not? Out of love you also surrender yourselves to Him, and here, it is just a matter of surrendering this word because BapDada wants to make every child a victorious jewel of the rosary. Do you consider yourselves to be beads of the rosary? Do you consider yourselves to be victorious? Some children say that the number of Brahmins is huge and that the rosary is only of 108 and so only 108 can become part of it. Do not think that it is a rosary of 108. If you become complete and victorious, BapDada will add more strings in the middle. However, you do have to become victorious. Some children think: I don't know whether I will receive a number or not. If you become complete, the Father will give you a number because the Father has love for every child. You were told earlier that even if it is the last child, the Father has love for him too, because even if that child is influenced by his sanskars, he has recognized the Father and said "My Baba". There are people in the world with such high positions who have not recognized the Father, but that child has recognized Him. Even if he is influenced by some weakness, he has at least recognized the Father. At least he says "My Baba" with love and this is why, Baba had also told you earlier that, the Father not only loves even the last number child, but that He also has a vision of benevolence, an attitude of benevolence for that child to continue to move forward. Today, BapDada is telling you clearly: Do not think about other things: "How will these happen? What will happen?" Simply make yourself into a worthy soul. Make yourself a karma yogi soul. The Father will give every child who

makes himself worthy the blessing of all attainments and make him move forward; He will not keep that child behind.

Today, at amrit vela, BapDada went on a tour everywhere, in this land and abroad. Generally too, when BapDada tours around you were told earlier, your special ancestor Dadis also go on the tour with Baba. So, what did Baba see while touring around? You know that too. You have very good thoughts: We will definitely do this, we will definitely become this. We will move along holding on to Your hand with our hand. So, what is the hand? Father Shiva does not even have an angelic form, so what hand is it? It is the hand of shrimat. Abroad, they have the fashion of walking hand in hand. So, here, the hand is of shrimat, and so all of you are those who move along with your hands in His hand, are you not? Do you have that power? Father Brahma took every step according to shrimat and demonstrated that to all of you. He is the example of what you have to do and how you have to do it. He was the example in the corporeal form. Let alone the Incorporeal, but Father Brahma was your companion in the corporeal form. Just as Father Brahma gave his hand to the Father's hand of shrimat and became an angel, so, you are following the father in the same way, are you not? You remember to follow the father, do you not? So, what do you have to follow him in? He showed you everything very clearly. All of you know Father Brahma's face and his activities, do you not? You can make Father Brahma emerge with your intellect, can you not? Whatever was the timetable was, Father Brahma did that. While in the physical body, he experienced everything here in the corporeal. All of you know Father Brahma's character. So follow the father. Every step of Father Brahma's has been revised by you to make it firm. You have read about his eight steps, of what he did, have you not? You simply have to follow him, that is all. To follow means to become equal to Father Brahma. So just think: you have love for the Father, you have love for both the Fathers. You were told earlier too, what it means to have love. The practical form of love is that Father Brahma says and the children do exactly the same as the Father. This is the love of a true heart. What do some children do? They think that they have to do the same as Father Brahma, but they first do it and then think about it. So, they did not do the same as Father Brahma. But you did whatever you did. If you are going to follow, then first think. Think before you have a thought: is this the Father's thought? If it is, then do it practically. Do not think about it after doing it. First think about it and then follow. To follow Father Brahma means to become equal to Father Brahma. Do you have this courage? Do you have the courage to follow Him? Those who think that you are going to do it, raise your hands! First think and then do. Do not do and then think.

Today, BapDada specially wants to see every child have the power of contentment the same as Father Brahma. All other powers will come with this one power of contentment. So, today, BapDada's special blessing is: May you have the power of contentment! No matter what happens, never let go of your contentment. Some children say when they have their heart-to-heart conversations: It is easy to become content, but difficult to make others content. When someone is doing something and you know that that is not right, why do you keep it in your heart? This one is doing this. That one is doing that. This one's nature is like this, that one's is like that. Do not keep this in your heart because you have made the Father sit in your heart. You have seated Him in your heart, have you not? Nod your head. Have you sat Him there? Are you sure? Or do you also remove Him and then sit Him there? If you have sat Him there, and then you have also kept these things in your heart, then together with the Father, you would have also kept these things in your heart. So, do not keep these things in your heart. BapDada has told you this method earlier too, that you must always have good wishes and pure feelings for such souls and use your good wishes. And in any case, you understand that what that one is doing is not good, and so it is bad. If someone gives you something bad, will you take it? Since it is something bad, then why should you keep it in your intellect or in your heart? Why did you take something that was bad? While keeping your Father in your heart in this way, you will become equal to the Father. This is your promise, is it not? You are going to become equal to the Father, are you not? You are definitely going to become this, are you not? Or do you have doubts: I don't know whether I will become equal or not? You do not think in this way, do you? To have love means to follow the Father. BapDada now wishes to see each child filled with good wishes and pure feelings.

Will the teachers become this? BapDada has special love for the teachers. Why does He love you? Because you have maintained the courage to sit on the Father's gaddi. So, teachers you have courage, do you not?

The Father wants from each teacher, the future to be seen through your features. BapDada is speaking to the instrument teachers, but all of you are companions too, are you not? 75 years ago, in the boarding school, BapDada had given these teachings to the little children - happy and fortunate. Each one's face should be like that. Even now BapDada wants each child's face to be seen as that of a soul who has happiness and is fortunate. You have done a lot of service through words and you have done it well and you have the certificate of that, but now, move forward in service through your face and your activity. When a poor person wins a lottery, his face and activity speaks! Seeing his face, everyone feels that today he has received something special. In the same way, seeing your face and activity, they should believe that you have attained something special.

What does BapDada want today? Become equal to Father Brahma. Follow the father because, when one sees the condition of the time and how upheaval is coming, and it will come and this is why BapDada wants to give each child the teachings: Always remain happy and share happiness. The more happiness you share, the more your happiness will increase. Seeing you happy, others will at least become happy for five minutes. If unhappy souls become happy for five minutes when they see you, they would then love that very much. Today, BapDada is specially drawing your attention so that each child imbibes the power of contentment in his face and activity and makes others imbibe it also. Achcha.

**All those who have come for the first time today, stand up!** Look, you can see them. Half the class is of those who have come for the first time. Raise your hands! Look at all their hands! Your new brothers and sisters! Look, how many have become your companions! Congratulations! Many, many congratulations! You have all reached here. You have all reached here to meet BapDada. What are you going to do next? Follow Father Brahma. BapDada is also pleased to see you all. Wah! the children have come! The whole family is happy: Our brothers and sisters have come, they have come, they have come! Now, follow Father Brahma. Whenever something happens, when you have a question or any problem, after all, it is a world of problems, then instantly find a solution for it from your teacher : Do not wait for two days and then say this problem is still there. You have come very late, haven't you? And, you want to go ahead, don't you? Do you want to stay behind? No. You want to go ahead, then to go ahead, just do this one thing: Do not keep any wasteful matter in your heart. For this, after meeting the Father at amrit vela, first, you have to do amrit vela, and after that, BapDada has taught you many drills, keep doing one drill or another during the busy routine of your whole day. BapDada is speaking to everyone. Take time out every now and again - whether you are old or new, everyone definitely has to perform the drill to become bodiless instantly because in the times to come, you will have to become bodiless in a second. So, perform this drill. Some say that they don't have time. No matter how busy someone is, if you are thirsty for water then will you not get up to get some water? You consider that essential and so you will get up to get water. So definitely practise this drill for a minute to become bodiless. At that time you will not be able to practise it. Some think that they will do it when the time comes. However, no; this practice of body consciousness for birth after birth will not allow you to become bodiless at that time. Therefore, take some time out from now on. Whatever time you are able to fix for this during the whole day, fix that from time to time for a second: I am a bodiless soul. Become stable in the form of a soul. Body consciousness should not pull you to itself. Everyone has to practise this - whether old or new because BapDada has been telling you this for some time. However, it is essential for you to do it. Otherwise, you will not be able to make your hand hold onto the hand of shrimat and move along. Your promise is: We will return home together and come in the kingdom together. So, everyone has to perform this drill. All the new ones who have come, remain happy and remain prosperous. Continue to move ahead of all. Achcha.

**It is the turn of Maharashtra, Andhra and Mumbai for service (14,000 have come):** Achcha. The numbers in this zone are also big. The name itself is Maharashtra and so it would be great. Just as its name, so the numbers are also big. BapDada has seen that Bombay and Delhi have zeal and enthusiasm for one thing. You do service, and one doesn't need to say anything about that; you are doing that well and will continue to do so. However, BapDada wants Delhi and Bombay to find a group out of those special souls who are in connection and relationship with you, who can become mikes and then also become heirs. Find such a group because the majority of all the Wings sent a list to BapDada; Baba has seen that list. On that

list there are good names who can glorify Baba's name. Now reveal them. Instead of you, they should give lectures. They should share their experience of what your knowledge is. They should speak about the difference it has made in their lives. Whenever you have a function, some people relate very good experiences, but that is sharing them at functions. However, they should experience this constantly in their lives. If you pay attention to this, they will emerge because there are such worthy souls in the list that BapDada saw, but you do have to make some effort and make them move forward. In fact, every Wing should bring this list of people in front of the family and the Father. The Wings have done this work. BapDada has seen that you have done this work, but you have been doing this for a long time; so now bring some newness. The newness is that you create heirs. At the very least, those who are in connection with you should come into relationship, and, after coming into relationship, they should become engaged in service. Not a relationship of just coming and going, but they should become companions of the Father and the family. This also has to happen. BapDada has seen that if Brahmins have one thought together, then it is already accomplished. However, everyone should have the same thought because the atmosphere has now changed. Since you have been celebrating the 75<sup>th</sup> Platinum Jubilee, people have begun to understand that you are saying and doing very good things. That much change has now taken place and this is why if you make a little more effort, then your family will increase so much on seeing that change. BapDada wants you to have a gathering of such souls somewhere. When they come to Madhuban to meet Baba, that is a different matter, but they should now come as part of the family and this will bring newness in service. Achcha. BapDada is pleased because you have all stood up. Seeing you all, BapDada is pleased, but, BapDada still has one more desire that still has to be fulfilled. It is for the zones. What is it? Every centre should give the good news that their centre is obstacle free, that it is harmonious. The news that all of Baba's children are accurate, busily engaged in service and obstacle-free has not come from any zone. So, Maharashtra will carry out a great task, will you not? None of the zones has yet sent this good news. You have to become that. It is you who have to become that, who else is going to become that? Your tapasya is no less. Whether it is the teachers or the students, in terms of the people of the world, each one of you is a great soul. Now just see - become a little free from obstacles and everyone will see you in the same way they see your non-living images - with pure feelings and in the form of living goddesses and deities. Everyone has done very good service. BapDada is congratulating you for that.

**Nizar, stand up!** (BapDada asked Nizarbhai, who organizes Future of Power programme, to stand up.) BapDada heard the news about the plans you have made. They are good. Good plans will continue to be made in the future too and therefore, continue to move ahead. BapDada heard the news..

**IT Group:** You make good images and boards. BapDada has said earlier too: BapDada has seen that each zone is doing something or other new, and, in each Wing, the sound has spread outside too. For example, in the service of doctors, in the Medical Wing, an official book for the heart cure has been created that is good for advertising. In the same way, there are good instruments in other zones too, who can spread the sound. You have to keep a connection with them, and then there will be results from that too. BapDada is telling those of all Wings: Just as you have moved forward, if you continue to move forward even more, then everyone's vision will fall on you and gradually, you will become known in the world. This is why BapDada is congratulating this Wing too. All of you are making good effort and together with your effort, BapDada is also with you. Achcha.

**Double foreign brothers and sisters (400 have come):** Double foreigners are becoming double. BapDada has seen that you are paying good attention to yourself, to your self-respect and to your attitude and you are also drawing the attention of others. You are playing your parts of being loving to the yagya and co-operative with the yagya very well and this is why BapDada is congratulating the double foreigners for many times. BapDada continues to hear the stories of all of you. You are not just loving, but, together with being loving, you are also co-operative in every task and you are also clever in accumulating for your future. This is why all of you have come here from so many countries. Seeing this gathering of those who are loving and co-operative and who extend their hands for every task, BapDada is pleased. He is happy. You are happy, the Father is happy and the family is happy. Those from Madhuban say that the double foreigners are the decoration of Madhuban, and it is the foreign lands that have proved the Father's title of being the World

Benefactor. This is why all of you have to remain intense effort-makers. Not just effort-makers, but intense effort-makers, because it is now the time for everyone to become an intense effort-maker. The time for making effort has gone. It is now the time for making intense effort. So, never become an ordinary effort-maker. Constantly check whether there is that intensity. You have not become ordinary, have you? In any case, even time is now giving you notice of becoming an intense effort-maker. BapDada is pleased, the family is pleased and Baba is congratulating everyone. The Father is pleased. Look how many countries you have come from! Achcha.

BapDada is seeing all the children everywhere who are sitting far away and merging everything in their hearts. The fragrance of everyone's love is reaching Madhuban. So, now, everyone has to move along at a fast speed. You have to make intense effort. You have to give happiness to people in the world at a fast speed. You have to make unhappy ones happy. By giving everyone the message to make them happy, make everyone happy. There is intensity in this service and you also have to bring about more intensity. Achcha. Everyone, accept lots of love and remembrance from the heart!

**To Mohiniben (A few days back, she was in ICU):** In the same way, make intense effort in an emergency. Make such intense effort that everyone who sees you is amazed: Wah! this one has performed wonders. Continue to have it checked in advance. You stopped doing this. Continue to have your checking done every now and again so that you can get a cure before it happens again. Just consider that you have to have your checking done every fortnight or every month. Then you will be fine. Very good.

**To Neeluben (A few days back she had surgery):** The pilgrimage is easy, is it not? It is not difficult. (I passed.) Remain close (pass = close). (Dadi Gulzar gave very good sakaash to Neeluben and Mohiniben.) Everyone gave it. No one can forget Madhuban. Madhuban is merged in everyone's every vein. Achcha.

**To Dadi Janki:** You are going to London, are you not? (In America they are making many preparations for me to come.) If your health is such that you can go, then go, otherwise, do not go. No matter what preparations they make, if you are able to make yourself function, then do so. If, seeing your health, you are able to go, then go.

**To the three Senior Brothers:** BapDada heard the news about your meeting. Whatever you have thought is good, so continue to move along according to that. You will receive help. If you spread it a little, those who want to help will come. Whatever you have thought is fine.

**(Rameshbhai asked Baba about the plan to open a University.)** BapDada feels that you first have to serve the different universities. You have made a connection with one university, so in the same way, first serve other universities. Serve them and make them your companions. So many universities are still left, serve them first. Then they will automatically make an offer by themselves. They will say: You don't need to spend so much money. Just as you have done this in one university, and it has become well known from there, in the same way, take up 10 to 12 such universities and see. They themselves will make a university and give to you. You won't need to incur any expenses. BapDada is pleased. Continue to meet in this way and finalise everything.

**(The Platinum Jubilee programme in Chandigarh took place very well. Another programme is going to take place in Puri.)** In all places, you have done programmes according to your own methods with happiness and a big heart. The result of every place is good.

**Brother Ram Narayan Mina - Deputy Speaker of Rajasthan Assembly:** Now play a special part in the Brahmin family. (I am Your child.) The best children are the children who are the masters. Children are always masters. Wake up at amrit vela every day at whatever time you can, and remember the Father and take blessings from Him every day. You will receive blessings from the Father with which you will remain happy and free from obstacles. Everything will be fine. You will be filled with power and so they will also be filled with power. It will happen. Simply wake up and remember the Father and continue to take power

from Him. Say "My Baba" and take power. You saw Madhuban and you saw the family. You liked it, did you not? Now, the closer you come to this family, the more you will benefit.

**To Br Suresh Oberoi (who interviews Sr. Shivani on TV):** Continue with the service you have taken up.

**To Sr Shivani:** You are blessed. You have received very good blessings from the Father.

\*\*\* O M S H A N T I \*\*\*